Ireland Assignment Question 1 Writing Frame

Is there a sufficiency of evidence in sources D to J to explain why the troubles broke out in 1969?

In order to answer this question I first have to define what is meant by the Troubles. The Troubles are
It is unlikely that a selection of sources of this nature would fully explain a complex development like the outbreak of the troubles so first I am going to try and explain the historical, cultural, political and social factors which lead to the troubles using my own knowledge.
Now I am going to look at the sources in turn to see which factor they help inform in my explanation.
However on their own and without my background knowledge the sources themselves are not sufficient evidence to explain why the troubles broke out. Each source is limited in terms of its reliability and usefulness in the following ways